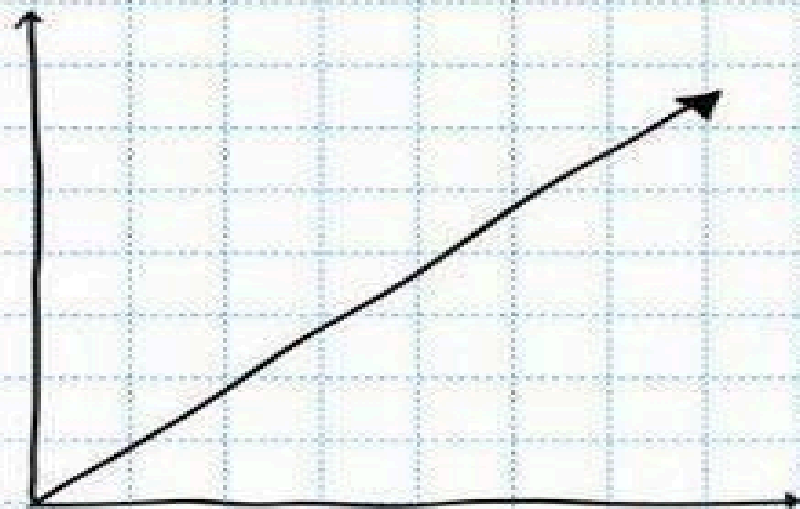


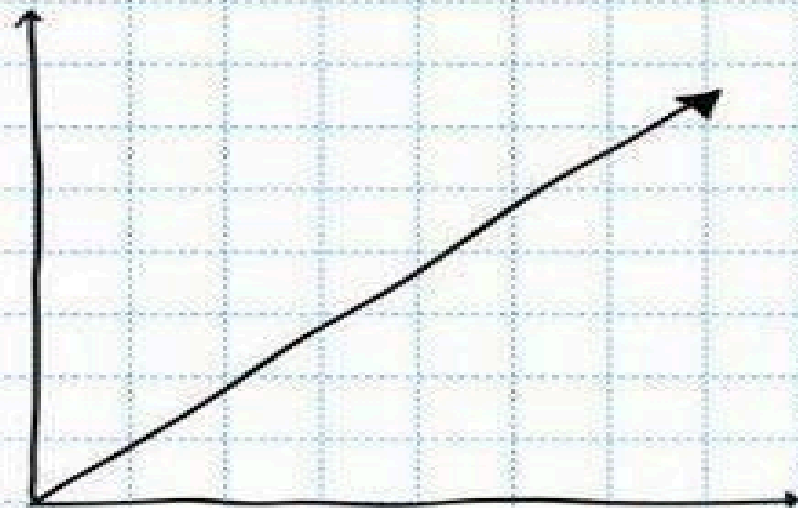
You! Super Hero!
Super Star!
Super Exhausted...



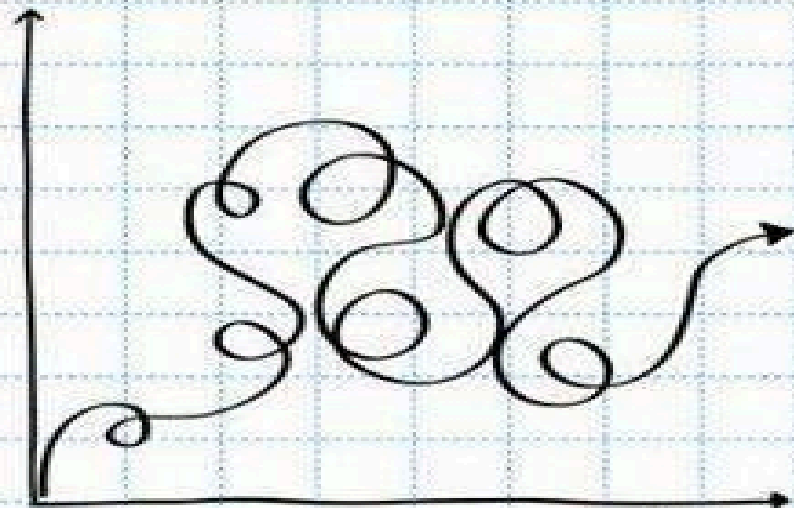
@LINDALEELARSEN



What I planned.



What I planned.



what happened.

Fight the Gravitational Pull



Graduate level work...
Identify one habit
that doesn't serve
you so well.

@LINDALEELARSEN

ACTION IDEA:
Get a
Feedback Buddy

@LINDALEELARSEN

Harness the Power of the Self-Fulfilling Prophecy...

@LINDALEELARSEN





**A HUGE
FORTUNE WILL
SOON BE YOURS**



**DONUTS NOW HAVE
ZERO CALORIES**



**YOU ARE IN
DEEP DOO-DOO**

Self-Fulfilling Prophecy

*“What you name the thing,
the thing tends to become”*

@LINDALEELARSEN

How it works

“X” happens

You interpret “X”

Your interpretation begins to work on
you emotionally

Your emotions affect how you behave

Your behavior gets you certain results

Use the **STOP** TECHNIQUE



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**Think
“DIFFERENT”**

**...Not
DIFFICULT**





***CREATE A
CULTURE OF
HAPPINESS***



seek spirit create give
LIVE family GUIDANCE PEACE
LIFE LOVE HOPE faith ASK laugh
health LOVE om HEALING oneness
TRUTH gratitude forgive NOW
purpose JOY kindness believe
abundance soul divine receive CHANGE
growth JOURNEY community



**Every morning take a 5-7
minute Gratitude Shower**

@LINDALEELARSEN

It's time for my



Gratitude Shower

www.lindalarsen.com



It's time for my 
Gratitude Shower

www.GodInShower.com



TOTO

LULU

ZOEY

JOLLY

Surround Yourself with Happy People!



AMSI
CERTIFIED

abc

FIRST
WEATHER

DAY PLANNER

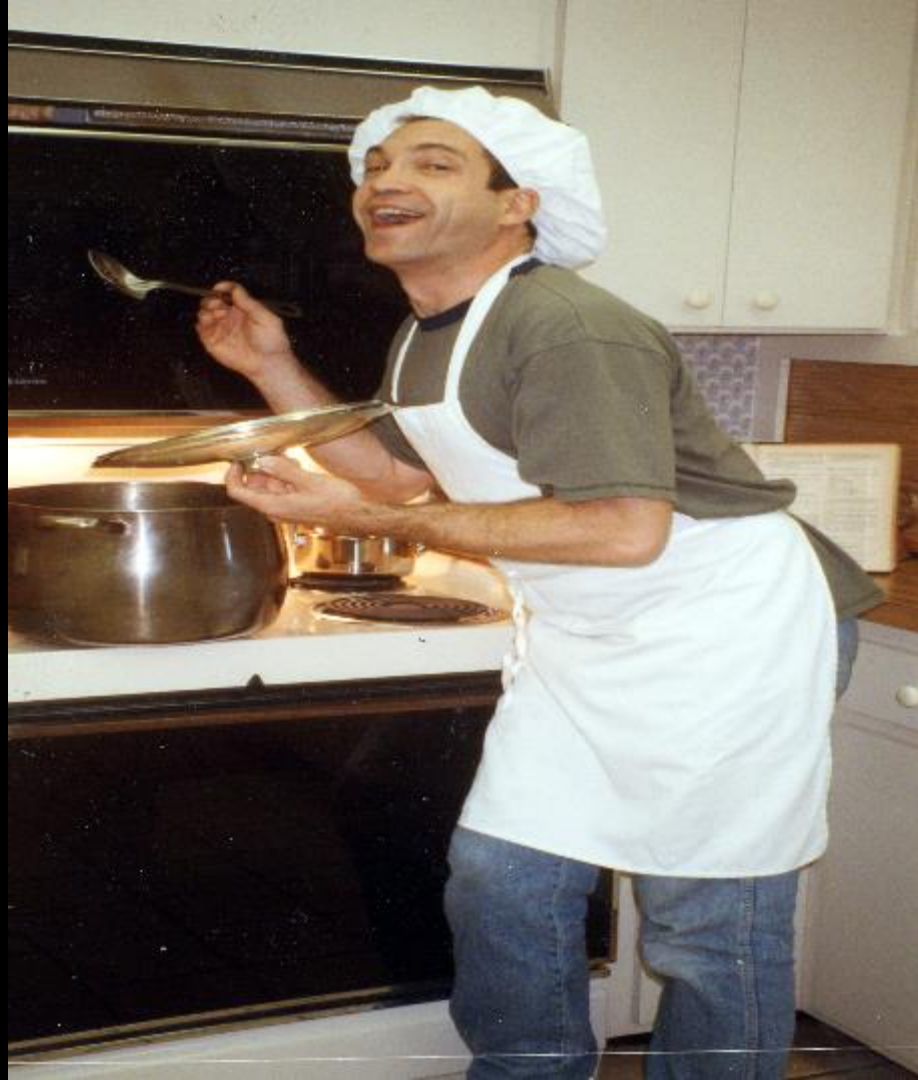


FIRST ALERT
WEATHER



mysuncoast.com

81°F 5:59







Soma
INTIMATES





***MIRROR
NEURONS***



Smile

Use Flying Eyebrows



@LINDALEELARSEN

5. BE UNFLAPPABLE



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1. Fix it

2. Rename it

3.







B CO 2 ARMV BN
TA 074



The Herald-Tribune

Sarasota and Manatee Counties



45th Year—No. 64

Entered As Second Class Matter
at Post Office in Sarasota

SATURDAY, DECEMBER 6, 1969

United Press International
Associated Press Service

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HOME DELIVERY
60c Per Week

PRICE 10c

Convict Escapes Guard, Takes Girl As Hostage, Eludes Officers 7 Hours

★ ★ ★
**White Was
Serving
Robbery
Sentence**



*Herald-Tribune Staff Writer
Pete Bernard White, 25,
who escaped from a Sarasota
County deputy sheriff Friday,
held at least five people

3 Sets Of Hostages Taken In Wild Chase

By PETE SCHMIDT
Herald-Tribune Staff Writer

A 25-year-old convicted felon disarmed his guard and terrorized three sets of hostages in a frantic and futile escape attempt Friday that led area law enforcement officers through a maze of roads and hideaways before the fugitive's capture some seven hours later.

Pete Bernard White, a slightly built, youthful native of Tennessee, surrendered to officers at nightfall after he was told that "if he didn't come out with

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6.
**ALWAYS
FIND
THE
FUNNY**

@LINDALEELARSEN

LL
COOL
MOM



LL
COOL
MOM



*Thank you so much
for being here today!*



Linda Larsen

