Frequently Asked Questions

- 1. **Do I have to complete two applications**? Yes. You will be required to complete both the AST Mission application and the mission organization's application on their website. Instructions and links will be provided on the Medical Missions AST website.
- 2. What are the passport requirements? You must obtain and hold an active passport. Some countries require that your passport be valid at least six months beyond the dates of your trip. Some airlines will not allow you to board if this requirement is not met. You are also responsible for all costs accrued in acquiring your passport.
- 3. What does AST pay for in advance? AST's Medical Missions will determine and announce a set number of CSTs and CST/RNs needed for each trip. AST will pay for the mission organization's advertised trip fee for those that have successfully been chosen to represent AST on the planned trip.
- 4. Who pays for my airline ticket? The cost of the airline ticket is the responsibility of the traveler. We will work with the medical mission's organization as most have travel agreements with travel agencies. Participants will need to save all receipts.
- 5. **Can I get reimbursed for other costs?** After returning from your trip, follow the instructions at www.ffst.org and complete a medical mission scholarship with receipts, application, pictures, and journal article. The instructions require a full submission at one time and has a yearly deadline. Visit the site in advance to become aware of these requirements prior to your trip.
- 6. **Are vaccinations required?** Yes. Please review the application to see which vaccinations are required. The costs of the vaccinations are the responsibility of the traveler and can be part of the reimbursements after the trip.
- 7. **Is it hot there? Will there be air conditioning?** Maybe. Temperature can be a factor and the ability to work in very high temperatures with or without air conditioning is an element to consider.
- 8. Can I earn CE's (continuing education credits) for going on a medical mission? Yes. Complete a CE Submission Form from the AST website. Mark "other" as your CE Activity step 2. Under step 3, list your trip and dates served. Leave step 4 blank. AST will issue up to 10 CEs for a mission trip once per certification cycle. No additional cost is needed.