Position Statement on CST Working in Central Sterile Supply

CSTs are graduates of an accredited surgical technology program that includes the completion of didactics, lab/mock operating room training, and clinical rotation. The didactics include the study of disinfection and sterilization as outlined in the Core Curriculum for Surgical Technology, and as required by a surgical technology program the student applies the didactic knowledge during the completion of a Central Sterile Supply Department (CSSD) rotation. However, it is recognized that the student may not be required to complete rotation in CSSD; in this instance, the CST that desires employment as a central sterile supply technician may need to complete further training to gain experience as determined by the healthcare facility.

Therefore, it is the position of AST that the central sterile supply technician is an additional route of employment for the CST; however, based upon the evaluation of the skill level, a facility-specific decision may require the CST to complete additional training. Additionally, AST recommends the CST who is employed as a central sterile supply technician should attain the appropriate credential.