

AST Educators Conference Tempe, AZ

Preparing Your Students to Take the Certification Exam

Presented by:

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Foundation Courses

- Anatomy and Physiology
- Medical Terminology
- Pharmacology
- Microbiology
- Sterilization and Decontamination
- Surgical Technology
- Instrumentation

Test Taking Strategies

MULTIPLE CHOICE STRATEGIES

- 1. Answer the easy questions first, then the harder ones. Don't get nervous if some questions look unfamiliar. Skip them and return to them later.
- 2. Pay attention to qualifiers ("usually," "none," "always," "never") and key words ("except," "all but the following," "the best," "the least," etc.)
- 3. Try to anticipate the correct answer before looking at the options.
- 4. Read all of the options; eliminate the ones you know are incorrect.
- 5. Look for options that contain other options. These are called "umbrella" options because the other options fall within their scope.
- 6. Familiarity of a response option does not necessarily make it the correct choice.
- 7. Sometimes the longer response may be the clue to the correct response.

Test Taking Strategies Continued

GENERAL RULES FOR ALL TESTS

- Scan the entire test before you start.
- Read the directions and make sure you understand them.
- Budget your time. Pace yourself. Try for the most points in the time you have.
- Attempt to answer every question. Hard questions can be left until last.
- Take questions at face value. Do not read things into them.
- Answer questions you know first. This relieves tension and gives you confidence, thus allowing you to access your memory as you proceed.
- If a question seems complicated or difficult to understand, put it in your own words or break it down into understandable parts.
- Learn from the test. Often the answer to a question is found in another test question.


CHECKING OVER THE TEST

- Go back over and check to be sure you answered all the questions.
- DO NOT change an answer unless...
 - ✓ There is indisputable evidence that your answer is incorrect.
 - ✓ You had misread or misunderstood the question.
 - ✓ You recall information or find the correct answer in the test.



Methodology

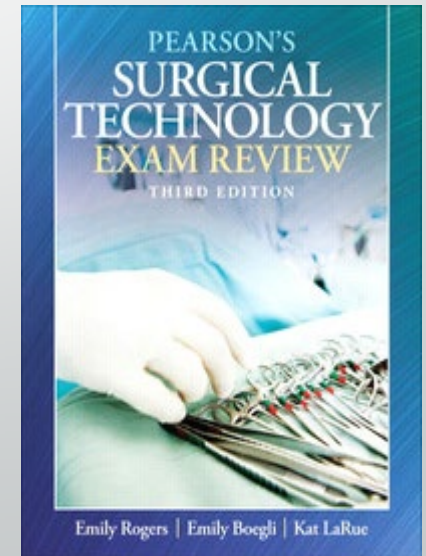
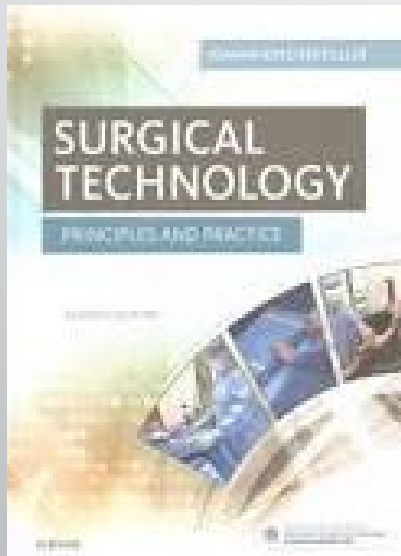
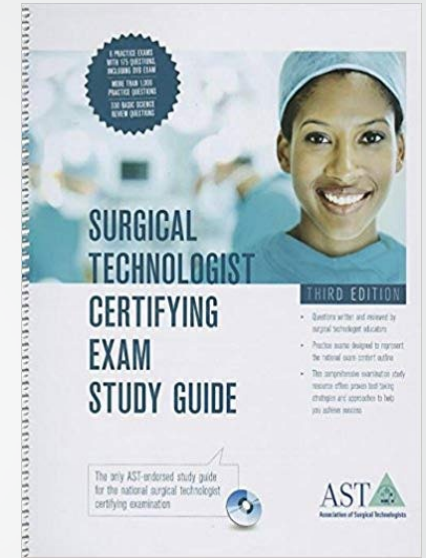
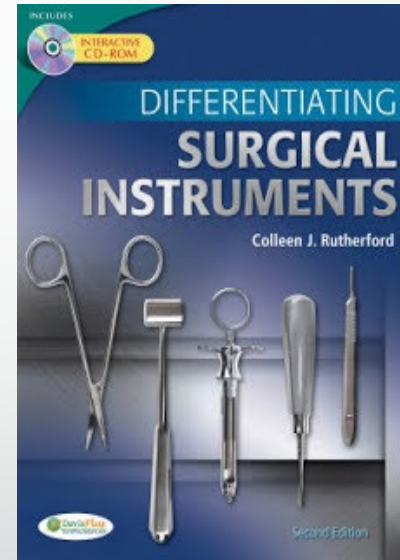
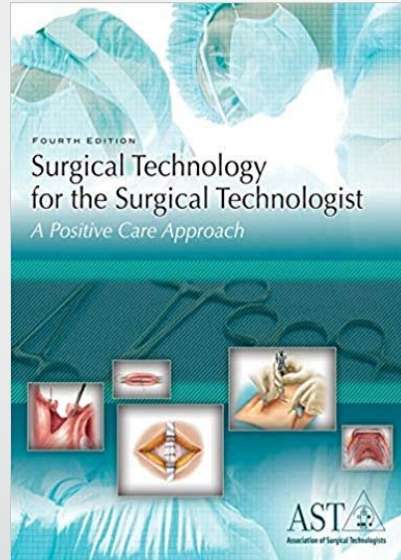
- Test Taking Strategies
- Prepare Early and Often
- Emphasize Importance of Certification
- Test The Students' Retention Every Module/Term
- Bootcamp Certification Review Course



Student Engagement

- Reinforce Group Study
- Use CST Outline from NBSTSA.org
- Share Best Practices in Learning
- Outline Study Material
- Make Flash Cards
- Highlight Study Hints in Study Guides
- Define all Answers in Study Guides

Study Materials



AST app

Time Management

- Study 1 hour per day (entire length of curriculum)
- Study 2 hours per day w/ 10 min break after first hour (last 2 wks before exam)
- **No more studying** after 6PM the night before exam
- 6-8 hours of sleep
- Eat a healthy meal (brain food) 1 hour before testing



Questions?

Open Forum