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CE Exams

Drug Discovery, Development and Approval Process

1.	The drug sildenafil citrate (Viagra®) was originally		
	developed to treat		
	a. Angina	6.	Toxicology studies are used to determine:
	b. Erectile dysfunction		a. Toxic, side and adverse effects
	c. Hypertension		b. Reversal agents
	d. Glaucoma		c. Addictive properties
			d. All of the above
2.	A drug containing active molecules that have never		
	been included in another new drug application is	7.	denotes a study when subjects and administrators
	called		are unaware of grouping status.
	a. A new molecular entity		a. Single blind
	b. An original compound		b. Double blind
	c. A unique chemical compound		c. Placebo
	d. A prototype		d. None of the above
3.	Which is not a principal concept affecting drug	8.	A written plan of action that follows the scientific
	interaction?		process is a
	a. Onset		a. Theory
	b. Peak effect		b. Hypothesis
	c. Duration of action		c. Protocol
	d. Frequency of future doses		d. Trial
4.	studies encompass the entire process of the drug	9.	Examples of clinical safeguard trials include:
	within the body.		a. Informed consent
	a. Toxicology		b. Audits
	b. Pharmacokinetic		c. Institutional review boards
	c. Post-clinical		d. All of the above
	d. Biotransformation		
		10.	Human trials have phases.
			a. 2
5.	studies determine the dosage and safety of the		b. 3
٠.	drug for human use.		c. 4
	a. Toxicology		d. 5
	b. Pharmacokinetic		
	c. Post-clinical		
	d. Biotransformation		
	u. Diotansiormation		

Drug Discovery, Development and Approval Process- questions cont. 11. The contains all information know about a new 16. Determining effectiveness and identifying long-term risks are purposes of . Phase 1 New drug application (NDA) a. a. Phase 2 b. Food and drug administration (FDA) b. Phase 3 Center for drug evaluation and research (CDER) c. Center for disease control (CDC) d. Phase 4 12. A patent is valid for ____ years from the original date 17. The study design for ___ trials is usually a double of application blind, randomized control trial. 10 Phase 1 15 Phase 2 b. b. c. 20 Phase 3 25 d. Phase 4 d. 13. A ___ distinguishes the source of goods of one party 18. Approximately how many clinical trials are currently from those of another. underway worldwide? a. 50 - 55,000Phrase b. 55 - 60,000Symbol Design c. 60 - 65,000c. d. 65 - 70,000Trademark 19. One of the biggest legal challenges in clinical trials is 14. A new drug application is filed with the FDA at the end of . a. Luring qualified volunteers a. Phase 1 Phase 2 Misrepresentation/fraud Clarity of informed consent Phase 3 c.

Phase 4

Phase 1 Phase 2

Phase 3

Phase 4

is conducted on a small group of people (20-80).

15. ___

c.

d. FDA regulations and safeguards

Quality of medical research

Willing volunteers

Marketable drugs

Clinical trials

c.

20. Increasing legal threats may lead to a decline in ____.

Tonsillectomy and Adenoidectomy 101 1. Recurrent ear infections can be treated with the 6. A ---- uses the high-frequency ultrasound vibration of removal of the ____. a titanium blade to cut and coagulate tissue with a. Tonsillar fossa c. Adenoids minimal thermal tissue damage. b. Tonsillar capsule d. All of the above Plasma knife c. Coblator Harmonic scalpel d. Microdebrider decreases postoperative pain, quickens recovery 2. and aids in fewer readmissions for complications. 7. After adenoid removal, tonsil sponges should be a. Intracapsular tonsillectomy soaked in saline prior to application to ____. b. Extracapsular tonsillectomy Avoid the risk of airway fire c. Supercapsular tonsillectomy b. Avoid wound contamination d. Electrocautery Promote hemostasis Promote adhesion The use of a laser affords the patient . a. Less postoperative pain 8. Required elements for the surgeon during a b. More rapid healing tonsillectomy include ____. c. Less blood loss a. A rolling chair d. All of the above b. A headlight c. An electrosurgical unit _ is a powered rotary shaving device with d. All of the above continuous suction. a. Plasma knife ____ is required throughout the procedure to keep the b. Harmonic scalpel surgical field visible. c. Coblator a. A headlight d. Microdebrider b. A mouth gag c. Suction __ is a bipolar radiofrequency low-level energy d. A tonsil sponge device that transfers to sodium ions, creating a thin 10. Timing the length of suspension of the mouth gag layer of plasma. prevents ____. a. Plasma knife a. Swelling of the tongue Harmonic scalpel b. Decreased blood flow to the tongue c. Coblator

c. Excessive postoperative jaw pain

d. All of the above

d.

Microdebrider

Advance Directives 1. The ___ requires that health care entities provide 6. The durable power of attorney for health care is information concerning advanced directives. sometimes also called a/an . a. Patient Self-Determination Act of 1990 Health care proxy Medical power of attorney b. Patient's Bill of Rights b. c. Limited power of attorney for health care a & b c. Durable power of attorney for health care None of the above A/an ___ indicates that a proxy has been named to If the power of attorney has an expiration date, it is make health care decisions if the patient is unable to referred to as . Limited Durable Limited power of attorney for health care b. a. Durable power of attorney for health care c. **Temporary** Advance directive None of the above d. c. Living will d. A/an ___ is special advance directive that only applies A/an ____ dictates medical care if the patient is unable to withholding CPR and ACLS in the event of cardiac or respiratory arrest. to make his/her wishes known. Limited power of attorney for health care Living will Durable power of attorney for health care Medical power of attorney Do not resuscitate c. Advance directive c. d. Living will Health care proxy The patient Self-Determination Act of 1990 has If an original legal document is unavailable, a can basic components. stand in its place. Notarized physician's note a. 1 c. 3 b. 2 d. 4 Copy of the original document Notarized attorney's note c. A/an specifies the type of care that should be given Original must be obtained or withheld if a patient is unable to communicate his/her wishes. 10. A living will may contain provisions for: a. Limited power of attorney for health care Pain management b. Durable power of attorney for health care Experimental treatment Advance directive Mechanical ventilation c. Living will All of the above

Ulnar Collateral Ligament Reconstruction

1.	Ulnar collateral ligament (UCL) reconstruction					
	surgery was pioneered by	6.	is an example of acceptable autograft tendon.			
	a. Tommy John		a. Palmaris longus			
	b. Frank Jobe		b. Gracilis			
	c. David Altchek		c. Plantaris			
	d. James Andrews		d. All of the above			
2.	The UCL is made up of bands.	7.	One advantage of allograft tendon is			
	a. 1 c. 3		a. Less likely to be rejected by the body			
	b. 2 d. 4		b. Takes less time to heal			
			c. More tissue is available to work with			
3.	Resection of both the UCL and the radial head can		d. All of the above			
	result in of the elbow.					
	a. Gross instability	8.	The modified docking procedure was developed by			
	b. Subluxation		·			
	c. Dislocation		a. Frank Jobe c. James Andrews			
	d. All of the above		b. David Altchek d. E Lyle Cain			
4.	stress on the elbow during a pitch can overcome		The docking technique features a higher rate of			
	the tensile strength of the UCL, causing it to tear.	than the traditional method.				
	a. Valgus		a. Postoperative nerve damage			
	b. Flexion		b. Postoperative bone fracture			
	c. Extension		c. Postoperative return to competition			
	d. Acceleration		d. a & b			
5.	According to James Andrews, MD, the odds of partial	10.	0. Holes for the bone tunnel are drilled above and below			
	UCL tears healing with non-surgical treatment is		the tubercle using a			
	a. 20%		a. Small bur			
	b. 50%		b. 2.0 drill bit			
	c. 70%		c. 4.5mm drill bit			
	d. 90%		d. Curette			

Ulnar Collateral Ligament Reconstruction – questions cont.

11	. To approximate the tendon's normal location, it is	16.	In 2005, of the surgical patients in E Lyle Cain's
	checked in		study were high school athletes.
	a. Flexion		a. 10 percent
	b. Extension		b. 25 percent
	c. mild varus		c. 33 percent
	d. a & b		d. 40 percent
12.	The surgically-repaired arm is immobilized for	17.	The increased number of UCL reconstructions in
	days postoperatively.		minors can be attributed to
	a. 3-5		a. Overanxious parents
	b. 5-10		b. Player wanting to throw harder
	c. 10-14		c. Players seeking second opinions
	d. 14-21		d. The overuse of young arms
13.	External rotation of the shoulder is prohibited for	18.	Correcting and improving mechanics, as well as
	a. $10 - 14$ days		strengthening shoulders and rotator cuff muscles car
	b. Four weeks		·
	c. Six weeks		a. Increase pitch velocity
	d. Three months		b. Increase injury potential
			c. Increase recovery time
14.	The patient can resume a normal throwing routine at		d. Decrease recovery time
	a. 20 weeks	19.	Tommy John surgery provides increased ability
	b. Six months		over a healthy, natural ligament.
	c. Nine months		a. No
	d. One year		b. Slightly
			c. Moderately
15.	It is estimated that percent of patients who		d. Significantly
	undergo a second Tommy John procedure return to		
	their pre-surgery level of play.	20.	is/are a contributing factor to overuse of young
	a. 10		arms.
	b. 20		a. Year-round baseball leagues
	c. 30		b. Throwing a greater number of pitches
	d. 40		c. Throwing more difficult pitches
			d. All of the above

Obesity

Height Sex Build All of the above occurs when excess body fat accumulates to such els that it affects a person's health. Obesity Hypertension Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity	6.7.8.	a. b. c. d. Mo a. b. c. d.	edical conditions facing obese people include: Hypertension Diabetes Cardiac failure All of the above ore than 80 percent of overweight people have Heart disease Type 2 diabetes High levels of HDL cholesterol All of the above
Build All of the above _ occurs when excess body fat accumulates to such els that it affects a person's health. Obesity Hypertension Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity		b. c. d. Mo. c. d. Th	Diabetes Cardiac failure All of the above ore than 80 percent of overweight people have Heart disease Type 2 diabetes High levels of HDL cholesterol All of the above
All of the above _ occurs when excess body fat accumulates to such els that it affects a person's health. Obesity Hypertension Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity		c. d. Mo a. b. c. d.	Cardiac failure All of the above ore than 80 percent of overweight people have Heart disease Type 2 diabetes High levels of HDL cholesterol All of the above
_ occurs when excess body fat accumulates to such els that it affects a person's health. Obesity Hypertension Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity		d. Mo a. b. c. d.	All of the above ore than 80 percent of overweight people have Heart disease Type 2 diabetes High levels of HDL cholesterol All of the above
Obesity Hypertension Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity		Mo a. b. c. d.	Type 2 diabetes High levels of HDL cholesterol All of the above
Obesity Hypertension Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity		a.b.c.d. Th	Heart disease Type 2 diabetes High levels of HDL cholesterol All of the above
Obesity Hypertension Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity		a.b.c.d. Th	Heart disease Type 2 diabetes High levels of HDL cholesterol All of the above
Hypertension Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity	8.	a.b.c.d. Th	Heart disease Type 2 diabetes High levels of HDL cholesterol All of the above
Heart disease None of the above ording to the CDC, is the number one health eat in America. Obesity	8.	c. d.	High levels of HDL cholesterol All of the above
None of the above ording to the CDC, is the number one health eat in America. Obesity	8.	d. Th	All of the above
ording to the CDC, is the number one health eat in America. Obesity	8.	Th	
eat in America. Obesity	8.		as state of supposedfully bound in h food from
Obesity			ne state of successfully banned junk food from
•		being sold in its public school system.	
		a.	Texas
Smoking		b.	Colorado
Heart Disease		c.	Virginia
Cancer		d.	New York
_ is not a cause of obesity.	9.	Th	ne diet with the highest success rate is
Poor eating habits		a.	Low in carbohydrates
Lack of exercise		b.	Low in calories
High leptin levels		c.	Low in protein
A sedentary lifestyle		d.	Low in fat
ording to Cynthia Ogden's study, percent of	10.	Su	rgery is recommended for patients with
erican adults are obese.		a.	A BMI of 40
65		b.	A BMI of 25-39.9 with serious obesity related
59			conditions
31		c.	Aversion to exercise
15		d.	a&b
	A sedentary lifestyle ording to Cynthia Ogden's study, percent of erican adults are obese. 65 59 31	A sedentary lifestyle ording to Cynthia Ogden's study, percent of erican adults are obese. 65 59 31	A sedentary lifestyle d. ording to Cynthia Ogden's study, percent of erican adults are obese. 65 b. 59 31 c.

0	be	sity – questions cont.		
11.		_ involves the injection of fat-melting drugs.	16 is considered the safest and least invasive wei	ght
	a.	Liposuction	loss surgery.	0
	b.	Mesotherapy	a. Roux-en-Y gastric bypass	
	c.	Restrictive bariatric surgery	b. Biliopancreatic division	
	d.	Vertical banded gastroplasty	c. Gastric banding	
			d. Vertical banded gastroplasty	
12.		removes fat deposits from under the skin by using		
		annula attached to a vacuum.	17. In, a reduced stomach is created and digestiv	e
	a.	Liposuction	juices are diverted to the small intestine.	
	b.	Mesotherapy	a. Roux-en-Y gastric bypass	
	c.	Restrictive bariatric surgery	b. Biliopancreatic division	
	d.	Vertical banded gastroplasty	c. Gastric banding	
			d. None of the above	
13.		was developed in the 1970s as a safer alternative to		
	Rou	ux-en-Y gastric bypass.	18. About percent of those who undergo vertical	
	a.	Liposuction	banded gastroplasty achieve normal weight, and	about
	b.	Mesotherapy	percent achieve some degree of weight loss.	
	c.	Restrictive bariatric surgery	a. 30, 80	
	d.	Vertical banded gastroplasty	b. 30, 50	
			c. 50, 30	
14.		is the most common weight loss procedure today.	d. 50, 80	
	a.	Roux-en-Y gastric bypass		
	b.	Biliopancreatic diversion	19 percentage of Americans are overweight or o	bese.
	c.	Gastric banding	a. 53	
	d.	None of the above	b. 47	
			c. 64	
15.	On	average, leads to a loss of 40 percent of excess	d. 35	
	wei	ght.		
	a.	Roux-en- Y gastric bypass	20. Diabetes is projected to increase by percent in	n the
	b.	Biliopancreatic division	next 50 years.	
	c.	Gastric banding	a. 100	
	d.	None of the above	b. 125	
			c. 145	

d. 165

Wound Management

	Failure of a wound to heal can result in	6.	is classified as the early inflammatory stage of
a.	\mathcal{E} 1		wound healing. Contraction
b.		a.	
c.	E ,	b.	
d.	. All of the above	c.	Hemostasis
2.	A full thickness surgical incision will be repaired	d.	Maturation
	by	7.	may be regarded as the first line of defense
a.	Primary intention		against infection at the wound site.
b.	Secondary intention	a.	Neutrophil leucocytes
c.	Polyglactin suture	b.	Basophils
d.	Adhesive strips	c.	Eosinophils
۵.	Tanesive surps	d.	Monocytes
3.	Regeneration and repair of a pressure ulcer is an	u.	Monocyces
	example of	8.	The class of compounds known as are vital for
a.	Primary intention		cell-to-cell and tissue adhesion.
b.	Secondary intention	a.	Fibroblasts
c.	Granulation	b.	Proteoglycans
d.	Epithelialization	c.	Electrolytes
	-	d.	Glycoproteins
4.	The proliferation phase of healing includes		
a.	Inflammation	9.	By keeping a wound moist,
b.	Granulation	a.	Infection is more likely
c.	Contraction	b.	Healing time is prolonged
d.	b & c	c.	Healing rates increase
		d.	Scarring is increased
5.	The cessation of bleeding following an injury is		
	•	10.	Spillage of bile during a cholecystectomy is
a.	Contraction		classified as a wound.
b.	Proliferation	a.	Clean
c.	Hemostasis	b.	Clean/Contaminated
d.	Maturation	c.	Contaminated
		d.	Dirty/Infected

Wound Management – questions cont. 11. One intrinsic factor affecting would healing is is another critical nutrient for collagen **16.** synthesis. Wound perfusion Iron a. Radiotherapy Zinc b. b. Vitamin C Medication d. Wound infection All of the above 12. One extrinsic factor affecting would healing is ___. 17. Attributes of a surgical dressing include the ability Disease Age a. Enable gaseous exchange b. b. Maintain a dry environment Oxygen tension c. Compress the wound Radiotherapy Adhere to the skin 13. Surgical patients should eat within of surgery for optimal clinical outcome. 18. Low-cost, transparent adhesive film dressings are 6 a. ideal for . 12 Infected wounds b. 24 b. Straight forward surgical wounds c. d. 48 c. Acute surgical wounds d. Nonsurgical wounds 14. ___ is a critical nutrient in optimizing the tensile 19. Factors to consider when selecting a wound strength of new tissue. a. Carbohydrate dressing include ____. **b.** Protein a. Level of exudates b. Depth of the wound c. Fat d. Vitamin A c. Cost

15. ___ is a critical nutrient for collagen synthesis.

a. Vitamin Ab. Vitamin E

Vitamin B

Vitamin K

All of the above

b. Simple adhesive filmc. Hydrocolloid dressingd. Adhesive film/foam

__dressing.

a. Alginate

20. A mild to moderate amount of exudate requires a

HIPAA Compliance

1.	The two main goals of the HIPAA program are and	6.	Written or printed information does not include
	·		a. Charts
	a. Privacy/accessibility		b. Faxes
	b. Portability/confidentiality		c. Emails
	c. Portability/accountability		d. None of the above
	d. Privacy/accountability		
		7.	Messages concerning appointments and lab results
2.	Which is an example of health organization that is		should only be left on an answering machine if
	required to follow HIPAA privacy rules?		a. The patient is not home
	a. Health plans		b. The patient has given consent
	b. Health care providers		c. The information is time sensitive
	c. Health care clearing houses		d. Information should never be left on an answering
	d. All of the above		machine
3.	Information that is created or maintained by a	8.	The most severe consequences for a HIPAA violation
	HIPAA-covered entity is any form is		include
	a. Medical records		a. A fine of \$100 per incident
	b. Protected health information		b. \$25,000
	c. Public domain		c. 10 years in prison
	d. Available only to immediate family		d. All of the above
4.	Prior to interaction with a patient, the must be	9.	A notice of privacy should
	given to the patient and a signed receipt must be		a. Explain the legal duties of the covered entity
	verified.		b. Explain patient's rights and responsibilities
	a. Notice of privacy practices		c. Disclose how information is used, stored and
	b. Liability waiver		protected
	c. A & B		d. All of the above
	d. None of the above		
		10.	A business associate agreement includes
5.	The notice of privacy practices can be supplied via		a. A list of consequences for noncompliance
			b. An advance directive
	a. Written brochures		c. An appointed trustee
	b. Posted information in the reception area		d. All of the above
	c. The entity's web site		
	d. All of the above		

Maslow's Hierarchy of Needs

1.	Maslow developed the concept for the hierarchy of	6. Needs that must occur for the body to survive are
	needs by observing	needs.
	a. Kurt Goldstein	a. Safety
	b. His students	b. Esteem
	c. Monkeys	c. Belongingness
	d. Infants	d. Physiological
2.	Based on observed reactions, the most important need	
	in monkeys is	7. The body regulates itself by
	a. Water	a. Controlling its temperature
	b. Food	b. Counterbalancing hormones
	c. Play	c. Homeostasis
	d. None of the above	d. All of the above
3.	The level of the pyramid addresses the need of	8. Fear can prevent an individual from fulfilling
	being.	needs.
	a. Safety needs	a. Esteem
	b. Self-actualization	b. Belongingness
	c. Esteem needs	c. Safety
	d. Physiological needs	d. Physiological
4.	needs make up the four lower components of	9. Belongingness needs can be influenced by
	Maslow's pyramid.	a. Socially-accepted behaviors
	a. Deficit	b. Education levels
	b. Being	c. Economic status
	c. Safety	d. All of the above
	d. Esteem	
		10. According to Maslow, a child who grows up in an
5.	Drawing conclusions about spirituality is an example	affluent neighborhood is likely to join a gang.
	of needs.	a. More
	a. Deficit	b. Less
	b. Being	c. Just as
	c. Safety	d. Cannot determine
	d. Esteem	

Maslow's Hierarchy of Needs – questions cont. 11. The highest platform in the category of deficit needs is 16. "To

11.	The highest platform in the category of deficit needs is	16.	-	of being" describes
	·		High self-esteem	
	a. Physiological		Self-actualization	
	b. Belongingness		Social acceptance	
	c. Esteem		Maslow's Hierarchy	of Needs
	d. Safety			
		17.	ctuation within Mas	slow's hierarchy is
12.	Self-esteem begins to manifest at		Common	
	a. Age 2		Probable	
	b. Age 5		Constant	
	c. Age 12		All of the above	
	d. Birth			
		18.	_	ıalization can include
13.	The lower form of self-esteem is characterized by		Defining oneself spi	•
	a. A need to be respected by others		Focusing on resolving	•
	b. A low opinion of oneself		Rejecting unfavorab	ble aspects of one's life
	c. Confidence in one's abilities		a & b	
	d. Inferiority complexes			
		19.	f-actualization is lim	nited to
14.	The higher form of self-esteem is characterized by		Dignitaries	
	a. A need to be respected by others		Everyone	
	b. A low opinion of oneself		Scientists	
	c. Confidence in one's abilities		Explorers	
	d. None of the above			
		20.	slow's Hierarchy of	Needs is especially relevant in
15.	Low self-esteem is characterized by		field.	
	a. Constantly seeking validation/acceptance		Medical	
	b. Lack of self-respect		Educational	
	c. Unrealistic expectations for oneself		Self-help	
	d. All of the above		All of the above	

Endoscopic Thoracic Sympathectomy ETS was initially developed to treat . 1. ETS is a treatment for . Goiter Hyperhidrosis b. Glaucoma Epilepsy b. Irregular heartbeat c. Epilepsy d. All of the above d. All of the above The __ is responsible for controlling involuntary Treatment options for idiopathic craniofacial bodily functions. erythema include ____. a. Autonomic nervous system Endoscopic thoracic sympathectomy b. Central nervous system Valium c. Cognitive behavioral therapy c. Regulatory system d. Homeostatic effect d. All of the above The ____ system slows down a function. 8. is a vascular disorder that affects blood flow to a. Homeostatic extremities in cold conditions. b. Sympathetic a. Erythromelalgia c. Parasympathetic b. Raynaud's Syndrome d. Autonomic Complex regional pain syndrome d. Hypoxia The "fight or flight" response is triggered by the ___ 9. Raynaud's Syndrome can result in ____. system. Gangrene a. Homeostatic b. Sympathetic Skin ulcers Skin atrophy c. Parasympathetic c. d. Autonomic d. All of the above The ___ are destroyed during the ETS procedure. Thermography and radiography are two methods of 5. a. Sympathetic trunk detecting . b. Sympathetic ganglia a. Erythromelalgia

b. Raynaud's Syndrome

d. hypoxia

c. Complex regional pain syndrome

c. Spinal nerves

d. None of the above

Endoscopic Thoracic Sympathectomy – questions cont.

11.	Clamping the nerves allows for	16.	Erythromelalgia cannot be described as
	a. Irreversible procedure		a. Idiopathic
	b. Temporary relief		b. A rare disease
	c. Improved functionality		c. A curable disease
	d. Easier reversal process		d. A & B
12.	A is not used in the ETS procedure.	17.	can trigger an EM flare-up
	a. Harmonic scalpel		a. Heat
	b. Hemostat		b. Physical activity
	c. Video tower		c. Anger
	d. Fiber-optic light source		d. A & B
13.	Complications associated with ETS sometimes	18.	EM can develop due to
	include		a. Psychological disorders
	a. Respiratory problems		b. Neurologic or blood disorders
	b. Compensatory sweating		c. Physical contact with a carrier
	c. Horner's Syndrome		d. A & B
	d. All of the above		
		19.	do not blush in social situations.
14.	Disfiguring asymmetry of the face can indicate		a. Babies
	a. Raynaud's Syndrome		b. Cognitive-behavioral therapy patients
	b. Horner's Syndrome		c. ETS recipients
	c. Erythromelalgia		d. Everyone blushes
	d. Complex regional pain syndrome		
		20.	Cognitive-behavioral therapy can include
15.	A reversal of the ETS procedure is possible by		a. Rational emotive behavior therapy
	a. Performing a nerve graft		b. Dialectic behavior therapy
	b. Removing the clip from the nerve		c. Cognitive therapy
	c. A or B, depending on the surgeon's method		d. All of the above
	d The FTS procedure is not reversible		

6. The are the primary region to sample for cancer 1. Breasts consist generally of ____. Secretory glands metastasis into the lymphatic system. b. Subcuticular fat a. Parasternal lymph nodes b. Axillary lymph nodes c. Overlying skin c. Lymphatic vessels d. All of the above ___ are modified sweat glands. Intercostal veins a. Breasts b. Mammary glands The mammary glands are completely functional at c. Nipples d. Superficial fascia a. Puberty The end of pregnancy ___ compose the suspensory ligaments of the breasts. c. Birth Conception a. Connective tissue stroma b. Individual ductal and lobule systems c. Dermal tissues of the breast hP1 is a hormone given off by the ____. d. None of the above Placenta b. Pituitary gland The lateral arterial blood supply to the breast does c. Secretory glands not include the ____. d. None of the above a. Fourth intercostal artery b. Thoracoacromial artery is the leading cause of death in women age 40-44. c. Lateral thoracic artery a. Heart disease d. Superior thoracic axillary artery b. Lung cancer Breast cancer c. 5. Nearly ___ percent of lymphatic drainage of the None of the above breast drains laterally and superiorly to the axillary 10. The risk of developing breast cancer is related to ____. lymph nodes. 65 Age when first child is born a. 70 b. b. Genetic factors 75 c. Family history c. 80 d. All of the above

Radical Mastectomy and Reconstruction

Radical Mastectomy and Reconstruction – questions cont. 11. ___ stimulates the secretory cells for lactation. 16. Patients have many treatment options, including . Placental lactogen Radiation therapy a. Prolactin b. Chemotherapy b. c. Hormonal therapy c. Oxytocin B & C d. All of the above d. 12. Breast cancers account for __ percent of all cancers 17. In TNM classification, the number following a T in women and __ percent of cancer deaths. indicates ____. a. 30, 16 a. Size of the tumor b. 43, 30 b. If the cancer has metastasized c. 16, 30 c. If the cancer has spread to the lymph nodes d. 43, 16 d. All of the above 13. ___ provides a standardized way for physicians to 18. ___ is considered a "breast conserving surgery". determine information about a cancer's metastasis. a. Mastectomy b. Breast reconstruction a. Staging b. Mammogram c. Needle localization and wide excision c. Lumpectomy d. B & C d. None of the above 19. In a ____, the surgeon removes a small volume of 14. The most common staging system is the ____. breast tissue. a. Mammogram a. Mastectomy b. Lumpectomy b. Breast reconstruction c. Tumor Nodal Metastasis c. Lumpectomy d. None of the above d. B & C 20. Removal of one or both breasts in a male or female 15. Pathological staging includes the results of a ____. patient is a . a. Mammogram Mastectomy

b. Breast reconstruction

d. Needle localization and wide excision

c. Lumpectomy

b. Lumpectomy

d. All of the above

c. Tumor Nodal Metastasis

Radical Mastectomy and Reconstruction – questions cont. 21. An example of a minimally – invasive procedure is a 26. Axillary components and the pectoralis muscles are removed in a ____. a. Simple mastectomy a. Simple mastectomy b. Skin-sparing mastectomy b. Radical mastectomy c. Modified radical mastectomy c. Halstead mastectomy d. A & B d. Bilateral mastectomy 27. To prevent cancer seeding, the wound is ____. 22. Methylene blue is used during a mastectomy to ____. a. Sterilize the surgical site a. Cauterized b. Provide local anesthetic b. Closed with absorbable suture c. Outline the sentinel node c. Irrigated with sterile water d. None of the above d. All of the above 23. The complete removal of the entire breast tissue is a 28. Complications of a mastectomy include ____. a. Infection a. Simple mastectomy b. Disfigurement b. Radical mastectomy c. Cancer metastasis c. Modified radical mastectomy d. All of the above d. Halstead mastectomy 29. In a modified radical mastectomy, ___ are removed. Only axillary components 24. A/an ___ is used to separate the breast tissue form the b. Axillary components & pectoralis muscles skin. a. Electrosurgical pencil Both breasts, in their entirety

b. #15 bladec. Harmonic scalpeld. None of these above

a. Warm salineb. Autologous fat

c. AlloDerm®d. Artificial fillers

25. In a TRAM flap reconstruction, the surgeon reconstructs the breasts with ____.

d. Only suspicious lumps

b. Intraoperativelyc. Postoperatively

___ by the pathology department.
a. Prior to scheduling surgery

d. At follow-up appointments

30. Specimens from mastectomy patients are examined

In-Office Autologous Fat Grafting

1.

Plastic Surgery most often addresses which of

	Maslow's needs?	6.	The choice of anesthetic for cosmetic procedures
	a. Physiological		depends on
	b. Safety		a. The patient's health
	c. Love and belonging		b. The number of procedures being performed
	d. Prestige and esteem		c. The patient's current medications
			d. All of above
2.	The most common facial locations for autologous		
	fat grafting include	7.	In a fat grafting procedure, the are filled first.
	a. Nasolabial folds		a. Nasolabial folds
	b. Chin		b. Cheeks
	c. Marionette grooves		c. Jaw line
	d. All of the above		d. None of the above
3.	Which of the following does not describe an	8.	Nose reconstructions are believed to have been
	autologous fat graft?		performed as early as
	a. Safe		a. 2,000 BCE
	b. Permanent		b. 600 BCE
	c. Temporary		c. 1880
	d. Reversible		d. The Middle Ages
1.	The ultimate goal of cosmetic surgery is	9.	Who is the considered the father of plastic surgery?
	a. Help the patient achieve a positive self-		a. Pierre Joseph Desault
	evaluation		b. Karl Ferdinand von Gräefe
	b. Fix the patient's physical short-comings		c. Johann Friedrich Dieffenbach
	c. Create a new image for the patient		d. Sir Harold Gillies
	d. Reverse the affects of aging		
		10.	Most cosmetic surgery cases are performed under
5.	Patients who have undergone are not good		 •
	candidates for autologous fat grafting.		a. Local anesthetic
	a. Oral surgery		b. IV with sedation
	b. Organ transplant surgery		c. General anesthesia
	c. Abdominal surgery		d. Acetaminophen
	d. All of the above		

In-office Autologous Fat Grafting – questions cont.

11. Alternative option for facial augmentation include 1		16.	16. Cosmetic surgery became popular during the			
	•			Renaissance due to		
	a.	Botox		a.	Syphilis	
	b.	Chemical peels		b.	Nose amputation as punishment	
	c.	Injectable fillers		c.	Social pressures	
	d.	All of the above		d.	All of the above	
12.	The ter	rm " plastic" is derived from a/an word.	17.	The oldest	association for aesthetic surgery in the	
	a.	Indian		United Sta	ntes is the	
	b.	Greek		a.	American Academy of Facial Plastic and	
	c.	Latin			Reconstructive Surgery	
	d.	Sanskrit		b.	American Association of Plastic Surgeons	
				c.	American Association of Oral Surgeons	
13.	For fac	cial procedures, the patient is put in the		d.	American Board of Plastic Surgery	
position.		n.				
	a.	Trendelenburg	18.	The term '	"plastic surgery" was coined by	
	b.	Supine		a.	Pierre Joseph Desault	
	c.	Reverse Trendelenburg		b.	Karl Ferdinand von Gräefe	
	d.	Fowler's		c.	Johann Friedrich Dieffenbach	
				d.	Sir Harold Gillies	
14.	Who w	as a leading pioneer in skin grafts and sex-				
	reassig	nment surgery?	19. From 1997 and 2007, the number of cosmetic			
		a. Gasparo Tagliacozzi		procedure	s in the United States increased	
		b. Karl Ferdinand von Gräefe		a.	162 percent	
		c. Johann Friedrich Dieffenbach		b.	233 percent	
		d. Sir Harold Gillies		c.	92 percent	
				d.	80 percent	
15.	After t	he fat is harvested, the next step is to			_	
		a. Inject the donor fat into the specified areas	20.	The father	of modern plastic surgery is	
		b. Place the syringes in a centrifuge		a.	Pierre Joseph Desault	
		c. Apply a cold compress to the surgical site			Karl Ferdinand von Gräefe	
		d. Cleanse the injection site		c.	Johann Friedrich Dieffenbach	
		·		d.	Sir Harold Gillies	

Infection in Orthopedic Surgical Procedures

1.	The most common microorganism causing	6.	Vasoconstriction in surgical patients can be caused
	orthopedic surgical-site infections is		by
	a. Staphylococcus		a. Smoking
	b. Acinetobacter		b. Diabetes
	c. Klebsiella		c. Intraoperative core hypothermia
	d. Aspergillus		d. All of the above
2.	thrives on plastic, including orthopedic	7.	is the cause of the majority of SSI.
	protheses.		a. Staphylococcus epidermidis
	a. Staphylococcus epidermidis		b. Staphylococcus aureus
	b. Staphylococcus aureus		c. MRSA
	c. MRSA		d. B & C
	d. All of the above		
		8.	represents a break in the sterile field.
			a. Touching a nonsterile area with sterile gown
			or gloves
_			b. Touching surgical instruments with bare skin
3.	The reservoir for Staphylococcus is the		c. Not properly wearing a surgical mask over the
	a. Peritoneal areas of the body		nose
	b. Nose		d. All of the above
	c. Skin		
	d. All of the above	9.	OPIM stands for
			a. Other Potentially Influential Material
4.	Standard Precautions should be used with		b. Often Problematic Infectious Material
	patients.		c. Other Potentially Infectious Material
	a. High-risk		d. Open Portal Infection Method
	b. All		d. Open i oran infection method
	c. Symptomatic	10	are options to improve decontamination of O.R.
	d. Open-wound bearing	10.	keyboards.
			a. Autoclavable keyboards
5.	Hospital-acquired infections cost hospitals between		b. Plastic keyboard covers
	annually.		
	a. \$150-200 million		
	b. \$1.5 – 2 billion		d. A & B
	c. \$3.5 – 5.7 billion		
	d. \$6.7 – 9.5 billion		

Infection in Orthopedic Surgical Procedures - questions cont. 11. Environmental controls in the O.R. include . 16. Disinfectants used in the O.R. must be ... a. Temperature Antiviral b. Humidity b. Antifungal Tuberculocidal c. Air flow d. All of the above d. All of the above 12. A patient with a/an ___ should be scheduled at the Surgical incisions, traumatic wounds and pin sites **17.** end of the day. are considered ____. a. Joint-replacement procedure Reservoirs b. Pre-existing infection b. Portals of Exit c. Open wound c. Portals of Entry d. A & B d. Contributing factors of Susceptibility 13. ___ is the most effective form of infection control in An instrument can be sterilized in glutaraldehyde 18. the hospital setting. if immersed for . a. Hand washing 10 hours b. Sterile PPE b. 20 minutes c. Proper sterile attire c. 6 hours d. None of the above d. Items cannot be sterilized with glutaraldehyde 19. The humidity level in the O.R. should be 14. The ANSI/AAMI Guide to Steam Sterilization and Sterility states that implants should ____. maintained at ____. a. Come to the hospital sterile from the manufacturer a. 30-60 percent b. Be reprocessed on a case-by-case basis b. 25-50 percent c. Not be flash sterilized c. 10-25 percent d. All of the above d. Depends on the procedure 15. The temperature in the O.R. should be maintained Antimicrobial prophylaxis refers to . 20.

Hand washing

Preoperative antibiotics

b. Sterile technique

d. All of the above

between ___.

a. 68° - 75° F

b. 65° - 72° F

c. 60° - 68° F

d. Depends on the procedure

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HIPAA Compliance

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Maslow's Hierarchy of Needs

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Endoscopic Thoracic Sympathectomy

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Radical Mastectomy and Reconstruction

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In-office Autologous Fat Grafting

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Infection in Orthopedic Surgical Procedures

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