

Treating colon cancer surgically

Earn CE credits at home

Telephone

You will be awarded continuing education (CE) credit(s) for recertification after reading the designated article and completing the exam with a score of 70% or better.

If you are a current AST member and are certified, credit earned through completion of the CE exam will automatically be recorded in your file—you do not have to submit a CE reporting form. A printout of all the CE credits you have earned, including Journal CE credits, will be mailed to you in the first quarter following the end of the calendar year. You may check the status of your CE record with AST at any time.

If you are not an AST member or not certified, you will be notified by mail when *Journal* credits are submitted, but your credits will not be recorded in AST's files.

Detach or photocopy the answer block, include your check or money order made payable to AST and send it to the Accounting Department, AST, 6 West Dry Creek Circle, Suite 200, Littleton, CO 80120-8031.

Members: \$6 per CE, nonmembers: \$10 per CE

- 1. The majority of colon cancers are
- a. lymphomas
- b. adenocarcinomas
- c. sarcomas
- d. basal cell carcinomas
- 2. The purpose of preoperative lab work is
- a. identify factors that could pose a threat to patient during surgery
- b. predict patient's postoperative recovery
- c. determine patient's stage of cancer
- d. identify patient allergies
- 3. _____is administered to relax the patient.
- a. morphine
- b. benzodiazepine
- c. narcotic analgesic
- d. inhalation anesthesia
- 4. Prior to performing the skin prep, the circulator:
- a. visually inspected the skin
- b. cleaned the incision site with an iodine solution
- c. placed sterile towels around patient to create a sterile boundary
- d. all of the above
- 5. The surgeon lysed adhesions to:
- a. free the peritoneum from existing scar tissue
- b. establish clean margins of healthy tissue
- c. restore gastrointestinal continuity
- d. prevent infection and bleeding

- Personnel in the PACU evaluate a patient's:
- a. coordination
- b. speech rhythms
- c. respiration
- d. eye movements
- 7. An _____controls nausea and vomiting,
- a. depolarizing muscle relaxant
- b. antiprotozoal
- c. antiemetic
- d. benzodiazepine
- 8. Which of these is not a specific risk of colon surgery?
- a. incisional hernias
- b. excessive adhesions
- c. punctured intestine
- d. bilious drainage
- An important element in staging cancer is:
- a. location of the primary tumor
- b. tolerance of anticancer drugs
- c. white blood cell count
- d. family history
- 10. Time-out procedures verify
- a. correct patient
- b. correct site
- c. correct surgery
- d. all of the above

Mark one box next to each number. Only one correct or best answer can be selected for each question.

| Treating colon cancer surgically | | a | b | c | d | | a | b | C | d | _ |
|--|---|---|---|---|---|----|---|----------|----|---|---|
| ☐ Certified Member ☐ Certified Nonmember | 1 | | | | | 6 | | | Q. | | |
| Certification No | 2 | | | | | 7 | | D | Q | | |
| Name | 3 | | | | | 8 | | ū | | | |
| Address | 4 | | ۵ | | | 9 | | | | | |
| City StateZIP | 5 | | | | | 10 | | | | | |
| | | | | | | | | | | | |



Blood components

Earn CE credit at home

City_____State ____ZIP

Telephone

| And the second of the second o | | | | | | D. | Their production i | s trigg | ered by a | mechar | ism |
|--|--|--|---|--------------------------------------|------|----------------------------------|---|---|--|--|----------------------|
| components | Blood is classifi Myeloid | | osseous | tis | sue. | | in the kidney. | | | | |
| | C. connective | D. | regulatory | | | | Where does the o | | | | |
| Earn CE credit at home You will be awarded one continuing education (CE) credit for recertification after reading the designated article and completing the exam with a score of 70% or better. If you are a current AST member and are certified, credit earned through completion of the CE exam will automatically be recorded in your file—you do not have to submit a CE reporting form. A printout of all the CE credits you have earned, including Journal CE credits, will be mailed to you in the first quarter following the end of the calendar year. You may check the status of your CE record with AST at any time. If you are not an AST member or not certified, you will be notified by mail when Journal credits are submitted, but your credits will not be recorded in AST's files. Detach or photocopy the answer block, include your check or money order (\$6 for members or \$10 for nonmembers) made payable to AST and send it to the Accounting Department, AST, | A. antigens | B. D. of blo B. C. D. ornthes B. B. B. C. D. | e blood volu 45% 90% s of the blood serum corpuscles od is approx slightly alk neutral is depends a several vital | ume. od are c ximate xaline | | C. 8. A. B. C. D. 9. A. C. 10. | bone marrow spleen and liver Which statemen Leukocytes migra Eosinophils and band parasites. Neutrophils inges eign particles and Basophils accumu. Which is involved process? thrombocytes B-lymphocytes The largest comprotein | D. t is fall te to e asophi t and o l other B. D. ponen B. | e blood okiller T-commonocyt t of plass | lar tissu cancer of infect clotting ells es | cells or- ion. |
| 7108-C South Alton Way, Centennial, CO 80112-2106. | C. antibodies | D. | Rh factor | | | | water | | electroly | | |
| 232 JULY 2003 CATEGORY 1 Blood components | | | a | b | c | d | | a | b | c | d |
| ☐ Certified Member ☐ Cer | tified Nonmember | 1 | | ū | ۵ | | 6 | | ۵ | | |
| Certification No | | 2 | | | | Q | 7 | | | | Q |
| Name | | 3 | | | | | 8 | | | | |
| Address | | | | $\overline{}$ | | _ | • | | | | |

Mark one box next to each number. Only one correct or best answer can be selected for each question.

6. Which is a false statement about red blood

C. Approximately 2.5 million cells are replaced

A. They are not capable of division. B. Their life span is only 120 days.

cells?

per hour.



The challenges of medical futility

Earn CE credit at home

You will be awarded one continuing education (CE) credit for recertification after reading the designated article and completing the exam with a score of 70% or better.

If you are a current AST member and are certified, credit earned through completion of the CE exam will automatically be recorded in your file—you do not have to submit a CE reporting form. A printout of all the CE credits you have earned, including Journal CE credits, will be mailed to you in the first quarter following the end of the calendar year. You may check the status of your CE record with AST at any time.

If you are not an AST member or not certified, you will be notified by mail when *Journal* credits are submitted, but your credits will not be recorded in AST's files.

Detach or photocopy the answer block, include your check or money order (\$6 for members or \$10 for nonmembers) made payable to AST and send it to the Accounting Department, AST, 7108-C South Alton Way, Centennial, CO 80112-2106.

- 1. Which is not a concept of medical futility?
- a. Beneficence and physiological
- b. Clinical or overall
- c. Imminent demise
- d. Religious affiliation
- 2. Qualitative futility can be ascertained if:
- a. The quality the benefit will produce is exceedingly poor by minimum standards
- b. Treatment involves life-sustaining intervention for patients in PVS
- c. Treatment results in a quality of life that is unacceptable to the patient
- d. All of the above
- 3. An example of _____futility is a doctor who prescribes amoxicillin to treat a patient ill with the flu virus.
- a. Strict
- b. Clinical
- c. Quantitative
- d. Qualitative
- 4. Guidelines of futility should incorporate
- a. Evaluations for success
- b. Considerations of cost
- c. Life expectancy
- d. All of the above
- 5. The _____should possess the initial authority to consider treatment futile.
- a. Patient's minister
- b. Physician
- c. Family
- d. Personal attorney

- . The Patient Self-Determination Act resulted in:
- a. Physicians defining futility of care
- Families demanding aggressive treatment that was inappropriate
- c. Patients dictating their plan of treatment
- d. More patients participating in clinical trials
- 7. The GCAT collects relevant information crucial to:
- a. Formulation of goals of care at the end of life
- b. Tracking DNR orders and advance directives
- c. Administering appropriate pain relief
- d. All of the above
- 8. The main argument used to successfully prove the right-to-die in the case of Helen Wanglie involved:
- a. Cessation of antibiotics
- b. Terminating the respirator
- c. DNR order
- d. Withdrawal of the feeding tube
- According to ______, physicians have no obligation to suggest futile intervention based on beneficience.
- a. American Medical Society
- b. AMA's Code of Ethics
- c. Hippocratic Oath
- d. The Golden Rule

| 10 | or |
|----|--|
| | should have the right to refuse inappropri |
| | ate or extraordinary treatment. |

- a. Physicians or institutions
- b. Spouses or children
- c. Ministers or counselors
- d. Lawyers or judges

| 233 | AUGUST 2 | 2003 | CATEO | ORV 1 |
|-----|----------|------|-------|-------|

| The challenges of medical futility | | | a | b | c | d | | a | b | c | d |
|------------------------------------|-----------------------|---|---|---|---|---|----|---|---|---|---|
| Certified Member | ☐ Certified Nonmember | 1 | | | | | 6 | | | | |
| Certification No | | 2 | ū | ū | | | 7 | | | | ۵ |
| Name | | 3 | ū | Q | | | 8 | | | | ۵ |
| Address | | 4 | | | | | 9 | | | П | |
| EityState | ZIP | 5 | | ū | ū | | 10 | | | | |

Telephone

Mark one box next to each number. Only one correct or best answer can be selected for each question.



An historical look at the origins and early years of general anesthesia

Earn CE credit at home

You will be awarded one continuing education (CE) credit for recertification after reading the designated article and completing the exam with a score of 70% or better.

If you are a current AST member and are certified, credit earned through completion of the CE exam will automatically be recorded in your file—you do not have to submit a CE reporting form. A printout of all the CE credits you have earned, including Journal CE credits, will be mailed to you in the first quarter following the end of the calendar year. You may check the status of your CE record with AST at any time.

If you are not an AST member or not certified, you will be notified by mail when Journal credits are submitted, but your credits will not be recorded in AST's files.

Detach or photocopy the answer block, include your check or money order (\$6 for members or \$10 for nonmembers) made payable to AST and send it to the Accounting Department, AST, 7108-C South Alton Way, Centennial, CO 80112-2106.

| 1. | Patients who endured early operations | _ | INC. 4 Tell of the Paris |
|----|---|----|---|
| | without a flinch were called | | Who coined the term anesthesia? |
| | masochists | | Humphry Davy |
| b. | stoics . | | Horace Wells |
| С. | insane | | Oliver Wendall Holmes |
| d. | dead | d. | William TG Morton |
| 2. | In the early 1800s, approximately how | 7. | Who first successfully demonstrated ane |
| | many surgeries were performed weekly in | | thesia at Massachusetts General? |
| | hospitals? | a. | Horace Wells |
| ā. | 1-2 | þ. | Henry J Bigelow |
| b. | one per day | C, | John C Warren |
| c. | 10-15 | d. | William TG Morton |
| d. | 16-20 | | |
| | | 8. | Which was not an advantage of |
| 3. | Which was the first to be used as a local | | chloroform over ether? |
| | anesthetic? | a. | lower death rate |
| a. | opium | b. | easier to transport |
| b. | cocaine | ٤, | better smell |
| с. | alcohoi | d. | less flammable |
| d. | none of the above | | |
| | | 9. | Which is an early criticism of |
| 4. | Sweet Vitriol was an early name for | | anesthetic gasses? |
| a. | opium | a. | difficult to control dosage |
| b. | cocaine | b. | high death rates |
| С, | alcohol | τ. | highly addictive |
| d. | ether | d. | all of the above |
| 5. | was rejected as anesthesia because it | 10 | . Sir James Young Simpson argued wa |
| | often took several hours to take effect. | | the first true anesthesiologist and surge |
| a. | nitrous oxide | a. | William TG Morton |
| | | | |

- b. hypnosis
- c. ice
- d. alcohol

- b. Paracelsus
- c. Frobenius

Mark one box next to each number. Only one correct or best answer can be selected for each question.

d. God

| | 2 CEs IN CATE | |
|--|---------------|--|
| | | |
| | | |
| | | |

Telephone

| The origins and early years of general a | anesthesia | | a | b | c | d | | a | b | c | d |
|--|-----------------------|---|---|---|---|---|----|---|---|---|---|
| ☐ Certified Member | ☐ Certified Nonmember | 1 | | | | | 6 | | | | C |
| Certification No | | 2 | | | | | 7 | | | | C |
| Name | | 3 | | | | | 8 | | | | Γ |
| Address | | 4 | | | | | 9 | | | | E |
| CityState | ZIP | 5 | | | | | 10 | | | | C |
| | | - | _ | _ | - | _ | | _ | _ | _ | |



247 SEPTEMBER 2004 1 CE CREDITIN CATEGORY 1

IBD and abdominal surgery: a patient's perspective

Earn CE credit at home

Telephone

You will be awarded one continuing education (CE) credit for recertification after reading the designated article and completing the exam with a score of 70% or better.

If you are a current AST member and are certified, credit earned through completion of the CE exam will automatically be recorded in your file—you do not have to submit a CE reporting form. A printout of all the CE credits you have earned, including Journal CE credits, will be mailed to you in the first quarter following the end of the calendar year. You may check the status of your CE record with AST at any time.

If you are not an AST member or not certified, you will be notified by mail when *Journal* credits are submitted, but your credits will not be recorded in AST's files.

Detach or photocopy the answer block, include your check or money order made payable to AST and send it to the Accounting Department, AST, 7108-CSouth Alton Way, Centennial, CO 80112.

Members: \$6 per CE, nonmembers: \$10 per CE

- 1. What did Wilks do in 1859?
- a. Documented UC symptoms for the first time.
- b. Treated the first UC patient.
- c. Recognized UC as a disease entity.
- d. Treated UC for the first time with sulfadiazine.
- Which is a false statement about IBD?
- a. Complications can result from vitamin and nutrient deficiencies.
- b. Inflammation of the bowel is characteristic.
- c. Stress plays a role in the disease.
- d. IBD is a psychosomatic disease.
- 3. UC starts out as ulcerative proctitis in approximately of cases.
- a. 30%
- b. 20%
- c. 80%
- d. 25%
- 4. What is primary difference between UC and Crohn's?
- a. UC is more dangerous than Crohn's.
- b. Crohn's causes more stress than UC.
- c. Crohn's only affects children.
- d. UC symptoms are contained to the colon and rectum
- 5. What characteristics are unique to Crohn's?
- a. Skip patterns and little pain.
- b. Finger dubbing and skip patterns.
- c. String sign and skip patterns.
- d. Both B and C are correct.

- 6. What surgical intervention is contraindicated for Crohn's?
- a. Surgery is always contraindicated
- b. Brooke ileostomy
- c. Resection
- l. Continent ileostomy
- 7. Which of the following is not an autoimmune disease?
- a. UC
- b. IBS
- c. celiac sprue
- d. all are autoimmune diseases
- 8. What is the primary treatment for pouchitis?
- a. Flagyl
- . Methyl prednisone
- c. Diazepam
- l. Belladonna alkaloids
- 9. Which is true regarding karate and the ileostomates?
- a. Some ileostomates take karate.
- b. Karate should never be taken due to possible blunt trauma.
- c. Exercise care and protect the stoma from blunt trauma.
- d. Both A and Care correct.
- 10. What is the partial pressure at 66 feet underwater?
- a. 14.7 psi
- b. 29.4 psi
- c. 44.1 psi
- d. 73.5 psi

Mark one box next to each number. Only one correct or best answer can be selected for each question,

| 247 SEPTEMBER 2004 1 CE CREDIT IN CATEGORY 1 | | | | | | | | | | | |
|---|---|---|----|---|---|----|---|---|---|---|--|
| BD and abdominal surgery: a patient's perspective | | a | b | C | d | | a | b | c | d | |
| ☐ Certified Member ☐ Certified Nonmember | 1 | | | | | 6 | | ۵ | | | |
| ertification No | 2 | | ū | | | 7 | | | | | |
| Jame | 3 | | O. | | | 8 | | | | | |
| Address | 4 | | | | | 9 | | | ū | | |
| ity StateZIP | 5 | | | | | 10 | | | | | |
| | | | | | | | | | | | |



Role of the surgical technologist in bariatric surgery

Earn CE credit at home

You will be awarded one continuing education (CE) credit for recertification after reading the designated article and completing the exam with a score of 70% or better.

If you are a current AST member and are certified, credit earned through completion of the CE exam will automatically be recorded in your file—you do not have to submit a CE reporting form. A printout of all the CE credits you have earned, including Journal CE credits, will be mailed to you in the first quarter following the end of the calendar year. You may check the status of your CE record with AST at any time.

If you are not an AST member or not certified, you will be notified by mail when *Journal* credits are submitted, but your credits will not be recorded in AST's files.

Detach or photocopy the answer block, include your check or money order made payable to AST and send it to the Accounting Department, AST, 6 West Dry Creek Circle, Suite 200, Littleton, CO 80120-8031.

Members: \$6 per CE, nonmembers: \$10 per CE

256 APRIL 2005 1 CE CREDIT IN CATEGORY 1

| | 111 1222 2000, | windt bei | centage | or auur | | | | | | | | |
|----|------------------|------------|---------------|-------------------|-----|-----|---------|-----------------|----------|----------|----------|-----|
| | Americans we | re consid | ered ove | rweigh | it? | | | | | | | |
| a. | 20% | | | | | 6. | Post | perative foll | ow-up | prograi | ms are | |
| b. | 30% | | | | | | | nmended for | 7.0 | | | |
| C. | 50% | | | | | a. | 6 mo | nths | | | | |
| d. | 64% | | | | | b. | 1 yea | r | | | | |
| | | | | | | c. | 18 m | onths | | | | |
| 2. | Obesity is defi | ned as a l | Body Mas | s Index | of: | d. | 5 yea | rs | | | | |
| a. | 20 or more | | | | | | | | | | | |
| b. | 25 or more | | | | | 7. | Whic | h tissue and : | staple a | re misr | natched | !? |
| c. | 30 or more | | | | | | | ach: 4.8 mm | - 32 | | | |
| d. | 50 or more | | | | | b. | bowe | l: 2.5 mm | | | | |
| | | | | | | c. | mese | ntery tissue: 2 | .0 cm | | | |
| 3. | Which is not a | comorbi | dity of ob | esity? | | d. | | ach: 4.5 mm | | | | |
| a. | GERD | | | • | | | | | | | | |
| b. | Type 2 diabetes | 5 | | | | 8. | What | t percentage | ofdete | cted lea | aks will | |
| c. | | | | | | | | ire surgery? | | | | |
| d. | All are comorbi | dities | | | | a. | 70% | , | | | | |
| | | | | | | b. | 50% | | | | | |
| 4. | Which of the f | ollowing | procedu | res is | | C, | 30% | | | | | |
| | considered th | | Constant and | | BS? | d. | all lea | nks require sur | gery | | | |
| a. | Roux-en-Y | | 7 Section 144 | 4 (C 1907) (1907) | | | | | 5 / | | | |
| b. | Adjustable ban | d gastrop | lasty | | | 9. | Smal | l leaks in the | bowel | mav he | al | |
| | Biliopancreatic | | | denal | | | | selves if the | | | | or: |
| | switch | | | | | a. | 24 hc | | | | | |
| d. | Adjustable bilio | pancreat | ic bypass | | | b, | 36 hc | urs | | | | |
| | \$6 | | | | | С. | 48 hc | urs | | | | |
| 5. | To be consider | red a cano | didate fo | r gastri | c | d. | 72 hc | urs | | | | |
| | bypass, the pa | | | | | | | | | | | |
| | least: | | | | | 10 | . A pot | ential compl | ication | ofthis | surgery | is: |
| a. | 30 | | | | | a. | | | | | out gury | |
| b. | 40 | | | | | b. | kidne | y stones | | | | |
| c. | 50 | | | | | | | onary emboli | sm - | | | |
| d. | 60 | | | | | | 15 | the above | | | | |
| | | | | | | | | | | | | |
| rg | ery | | a | b | c | | d | 140 | a | b | c | đ |
| | | 1 | | | | Į | | 6 | | | ۵ | |
| | | | | | П | | _ | - | | | | - |
| | | 1 | 1.1 | | | - 1 | 220 | , | | 21 | | 1 1 |



When unexpected complications arise during surgery

Earn CE credits at home

You will be awarded continuing education (CE) credit(s) for recertification after reading the designated article and completing the exam with a score of 70% or better.

If you are a current AST member and are certified, credit earned through completion of the CE exam will automatically be recorded in your file—you do not have to submit a CE reporting form. A printout of all the CE credits you have earned, including Journal CE credits, will be mailed to you in the first quarter following the end of the calendar year. You may check the status of your CE record with AST at any time.

If you are not an AST member or are not certified, you will be notified by mail when Journal credits are submitted, but your credits will not be recorded in AST's files.

Detach or photocopy the answer block, include your check or money order made payable to AST, and send it to Member Services, AST, 6 West Dry Creek Circle, Suite 200, Littleton, CO 80120-8031.

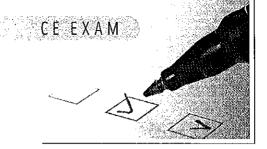
ote this exam awards 3 Continuing Education credits.

Members: \$18, nonmembers: \$30

- 1. Which ligaments hold the ovaries in place?
- a. Suspensory
- b. Broad
- c. Ovarian
- d. All of the above
- 2. _____epithelium consists of flat, platelike cells.
- a. Germinal
- b. Squamous
- c. Stratified
- d. Sulcular
- 3. _____attempts were made to close the vaginal cuff by suture.
- a. 27
- c. 23
- b. 18
- d. 31
- 4. TAH is not indicated for which of the following?
- a. Uterine sarcoma
- b. Ascites
- c. Tubal malignancy
- d. Dysfunctional uterine bleeding
- 5. The round ligament terminates at the
- a. Anterior cul-de-sac
- b. Vestibule
- c. Labia majora
- d. Fallopian-uterine attachment

- Care was taken to avoid the _____ when the initial midline incision was made.
- a. Falciform ligament
- b. Xiphoid process
- c. Symphysis pubis
- d. Umbilicus
- 7. The _____was/were placed on the back table for use once the peritoneum was opened.
- a. Bookwalter retractor
- h. Free ties
- c. Tonsil clamps
- d. Oval ring
- Estimated blood loss up to the first time the patient was transported to the ICU;
- a. 16,000 cc
- c. 18,000 cc
- b. 17,000 cc
- d. 19,000 cc
- 9. The triangular space at the base of the bladder is called ______.
- a. Trikates
- c. Trigone
- b. Trielcon
- d. Trilabe
- 10. The uterine sac was incised with
- a. Straight Mayo scissors
- b. Metzenbaum scissors
- c. A #10 blade on a #3 knife
- d. Curved Mayo scissors

| 292 APRIL 2008 3 CE CREDITS | a least mod febra | Acces and Notes | ESE 430 12 | | | | | | | |
|---|-------------------|-----------------|-------------|---------|-------------|--------------------|-----------|-------------|------------|---------|
| When unexpected complications arise during surgery | | a | b | C | d | | a | b | C | d |
| ☐ Certified Member ☐ Certified Nonmember | 1 | | | | | 6 | | | | |
| My address has changed. The address below is the new address. Certification No | 2 | | | | | 7 | | ۵ | | |
| Name | 3 | | | | | 8 | | | ū | |
| Address | 4 | | | | | 9 | | | ū | |
| City StateZIP | 5 | | | | | 10 | | | | ū |
| Telephone | Mar | k one box n | ext to eacl | number. | Only one co | rrect or best answ | er can be | selected fo | or each qu | estion. |



Earn CE Credits at Home

You will be awarded continuing education (CE) credit(s) for recertification after reading the designated article and completing the exam with a score of 70% or better.

If you are a current AST member and are certified, credit earned through completion of the CE exam will automatically be recorded in your file-you do not have to submit a CE reporting form. A printout of all the CE credits you have earned, including Journal CE credits, will be mailed to you in the first quarter following the end of the calendar year. You may check the status of your CE record with AST at any time.

If you are not an AST member or are not certified, you will be notified by mail when Journal credits are submitted, but your credits will not be recorded in AST's files.

Detach or photocopy the answer block, include your check or money order made payable to AST, and send it to Member Services, AST, 6 West Dry Creek Circle, Suite 200, Littleton, CO 80120-8031.

Note this exam awards two continuing education credits.

Members: \$12, nonmembers: \$20

Obesity

EDE MAY 200 Tentis

| 180000 | | ********** | |
|----------|---|------------|--|
| 1. | A person's ideal weight is established by | 6. | Medical conditions facing obese people |
| | his or her | | include: |
| a. | Height | a. | Hypertension c. Cardiac failure |
| b. | Sex | b. | Diabetes d. All of the Above |
| C. | Build | 7 | Mara than 90 narcant of avanual sht |
| d. | All of the above | 1. | More than 80 percent of overweight people have |
| 2. | occurs when excess | 2 | Heart disease |
| 4. | body fat accumulates to such levels that it | | Type 2 diabetes |
| | affects a person's health. | D. C. | High levels of HDL cholesterol |
| a. | Obesity | d. | All of the above |
| b. | Hypertension | u, | All of the above |
| г. С. | Heart disease | 8. | The state ofsuccessfully |
| d. | None of the above | | banned junk food from being sold in its |
| | | | public school system. |
| 3. | According to the CDC,is the num- | a. | Texas c. Virginia |
| | ber one health threat in America. | b. | Colorado d. New York |
| a. | Obesity | a | The diet with the highest success rate is |
| b. | Smoking | ٠. | The wice with the highest success rate is |
| C. | Heart Disease | a. | Low in carbohydrates |
| d. | Cancer | b. | Low in calories |
| 4. | is not a cause of obesity. | | Low in protein |
| a. | Poor eating habits | d. | Low in fat |
| ь. b. | Lack of exercise | u, | LOWINIUL |
| с. | High leptin levels | 10 | . Surgery is recommended for patients with |
| d. | - · · | | • |
| | 2 2 | a. | A BMI of 40 |
| 5. | According to Cynthia Ogden's study, | b. | A BMI of 25-39.9 with serious obesity- |
| | percent of American adults are obese. | | related conditions |
| a. | 65 c. 31 | c. | Aversion to exercise |
| ħ. | 59 d. 15 | d. | a&b |
| | | | |

| OBESITY PART | 1 0 F 2 | 305 1 | MAY | 2 CE cr | edits - | | | | | | |
|--|-----------|-------|------------------------|---------|---------|---|----------|-----------|---------|---|---|
| ☐ Certified Member ☐ Certified Nonmember | | | а | b | C | d | | a | b | C | d |
| $\hfill \square$ My address has changed. The address below is the new address. | | | | | | | 6 | | | | |
| Certification No. | | . 2 | | | | | 7 | | | | |
| Name | | 3 | | | | | 8 | | | | |
| Address | | 4 | | | | | 9 | | | | |
| City | State Zip | 5 | | | | | 10 | | | | |
| Telephone | | | ie box ne e correct | | | | ected fo | r each gu | estion. | | |

| 11. | involves the injection of | 16. | is considered the safest and | | | | |
|-----|--|-----|---|--|--|--|--|
| | fat-melting drugs. | | least invasive weight loss surgery. | | | | |
| a. | Liposuction | a. | Roux-en-Y gastric bypass | | | | |
| b. | Mesotherapy | | Biliopancreatic diversion | | | | |
| C. | Restrictive bariatric surgery | c. | Gastric banding | | | | |
| d. | Vertical banded gastroplasty | d. | Vertical banded gastroplasty | | | | |
| 12. | removes fat deposits | | In, a reduced stomach is cre- | | | | |
| | from under the skin by using a cannula | | ated and digestive juices are diverted to | | | | |
| | attached to a vacuum. | | the small intestine. | | | | |
| a. | Liposuction | | Roux-en-Y gastric bypass | | | | |
| b. | Mesotherapy | | Biliopancreatic diversion | | | | |
| C. | Restrictive bariatric surgery | C. | 3 | | | | |
| d. | Vertical banded gastroplasty | d. | None of the above | | | | |
| 13. | was developed in the 1970s as a safer | 18. | Aboutpercent of those who under- | | | | |
| | alternative to Roux-en-Y gastric bypass. | | go vertical banded gastroplasty achieve | | | | |
| a. | Liposuction | | normal weight, and aboutpercent | | | | |
| b. | Mesotherapy | | achieve some degree of weight loss. | | | | |
| C. | Restrictive bariatric surgery | a. | 30, 80 c. 50, 30 | | | | |
| d. | Vertical banded gastroplasty | b. | 30, 50 d. 50, 80 | | | | |
| 14. | is the most common weight | 19. | percentage of Americans are | | | | |
| | loss procedure today. | | overweight or obese. | | | | |
| a. | Roux-en-Y gastric bypass | a. | c. 64 | | | | |
| b. | Biliopancreatic diversion | b. | 47 d. 35 | | | | |
| c. | Gastric banding | 20 | . Diabetes is projected to increase by | | | | |
| d. | None of the above | 20 | percent in the next 50 years. | | | | |
| 15 | . On average,leads to a loss of | a. | 1 | | | | |
| | 40 percent of excess weight. | b. | 125 d. 165 | | | | |
| a. | | | | | | | |
| b. | | | | | | | |
| | · | | | | | | |
| c. | Gastric banding | | | | | | |

OBESITY PART 2 OF 2 305 MAY 2 CE credits c d a 1 6 7 2 8 3 9 10

Mark one box next to each number.

Only one correct or best answer can be selected for each question.

Answers ce credit PKG 5: 12 CONTINUING EDUCATION CREDITS

| ☐ Certified Member | AST Member No: | | | | | | | |
|--|--|--|--|--|--|--|--|--|
| Name: | Certification No: | | | | | | | |
| Address: | City: State: ZIP: | | | | | | | |
| Telephone: | Email: | | | | | | | |
| CE CREDIT PKG 5: 12 CONTINUING EDUCATION CREDITS The fee is \$19. This package is only available to AST members. | | | | | | | | |
| ☐ Check Enclosed | Yes, I want to pay by credit card: ☐ Visa ☐ MasterCard ☐ AmEx | | | | | | | |
| Card # | Expiration Date Signature | | | | | | | |
| Blood Components | | | | | | | | |
| a b c d 1. | a b c d a b c d 4. | | | | | | | |
| 2. | 5. | | | | | | | |
| Origins and Early Years o | f General Anesthesia | | | | | | | |
| a b c d 1. | a b c d a b c d 4. | | | | | | | |
| IBD and Abdominal Surgery | | | | | | | | |
| a b c d 1. | a b c d a b c d 4. | | | | | | | |

| Role of the Surgical Technologist in Bariatric Surgery | | | | | | | | | |
|--|-----------------------------|-----------|--|--|--|--|--|--|--|
| a b c d | a b c d | a b c d | a b c d | | | | | | |
| 1. 🗆 🗎 🗎 | 4. 🔲 🔲 🔲 | 7. 🔲 🔲 🔲 | 10. | | | | | | |
| 2. 🔲 🔲 🔲 | 5. 🗆 🗆 🗆 | 8. 🗌 🗎 🔲 | Mark one box next to each number. | | | | | | |
| 3. 🗌 🗎 🗎 | 6. 🗌 🗎 🗎 | 9. 🗌 🗎 🔲 | Only one correct or best answer can be selected for each question. | | | | | | |
| T | | | | | | | | | |
| Treating Colon Cancer S | urgically | | | | | | | | |
| a b c d | a b c d | a b c d | a b c d | | | | | | |
| 1. 🗆 🗎 🗎 | 4. 🗌 🗎 🔲 | 7. 🗌 🗎 🔲 | 10. | | | | | | |
| 2. 🗌 🗎 🖂 | 5. 🗌 🗎 🗎 | 8. 🗌 🗎 🔲 | Mark one box next to each number. Only one correct or best answer can | | | | | | |
| 3. 🗌 🗎 🗎 | 6. 🗌 🗎 🔲 | 9. 🗌 🗎 🔲 | be selected for each question. | | | | | | |
| When Unevented Com | Nigotiono Arios During Cur | CON | | | | | | | |
| when onexpected com | olications Arise During Sur | gery | | | | | | | |
| a b c d | a b c d | a b c d | a b c d | | | | | | |
| 1. 🗆 🗎 🗎 | 4. 🗌 🗎 🔲 | 7. 🗌 🗎 🔲 | 10. | | | | | | |
| 2. 🗌 🗎 🖂 | 5. 🗌 🗎 🔲 | 8. | Mark one box next to each number. Only one correct or best answer can | | | | | | |
| 3. 🗌 🗎 🗎 | 6. 🗌 🗎 🗎 | 9. 🗌 🗎 🔲 | be selected for each question. | | | | | | |
| Obssity An American Fr | nidomio | | | | | | | | |
| Obesity: An American E | Juenne | | | | | | | | |
| a b c d | a b c d | a b c d | a b c d | | | | | | |
| 1. 🗆 🗆 🗆 | 7. 🗌 🗎 🗎 | 13. | 19. | | | | | | |
| 2. 🗌 🗎 🗎 | 8. 🗌 🗎 🔲 | 14. | 20. | | | | | | |
| 3. 🗆 🗆 🗆 | 9. 🗌 🗎 🔲 | 15. 🗌 🗎 🗎 | Mark one box next to each number. Only one correct or best answer can | | | | | | |
| 4. 🗌 🗎 🗎 | 10. | 16. 🗌 🗎 🗎 | be selected for each question. | | | | | | |
| 5. 🗌 🗎 🗎 | 11. | 17. 🗌 🗎 🗎 | | | | | | | |
| 6. 🗌 🗎 🗎 | 12. | 18. | | | | | | | |

Directions: Complete all 8 answer keys for the exams. Include your check or money order made payable to AST or complete credit card information with the appropriate amount and mail to Members Services, AST, 6 W Dry Creek Circle, Ste 200, Littleton, CO 80120-8031. If paying by credit card, you can fax in the answer keys and credit card payment to AST at 303-694-9169.