Amy Whitacre, CST, FAST

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Represents Maryland/Delaware,
Michigan, Minnesota, Montana,
Pennsylvania

Amy has been a member of AST since 2018 and a surgical technologist for eight years. She received her associate's degree from Miller-Motte Technical College and her bachelor's degree in psychology from Southern New Hampshire University. She will complete her master's degree in education from Liberty University in



December 2025. Amy received her FAST designation in 2024.

She currently works at Reynolds Community College, where she has been a lab and clinical instructor for the last year. She will be making the transition to full-time faculty and is looking forward to her new role. She really enjoys teaching, and the best feeling is when the students have that "A-HA moment". She also works PRN at Southside Regional Medical Center in Petersburg, Virginia.

Amy has served for the last five years on the Virginia State Assembly, holding the roles of Director and Treasurer, and is currently in her second term as Vice President. She has served as a delegate at the AST National Conference four times and as an alternate once. Amy is currently starting her second term on the State Assembly Leadership Committee, where she enjoys helping other state assemblies with their membership growth and leadership development.

Amy lives with her husband and six hound dogs in Amherst, Virginia, but spent most of her life in Hanford, California. Amy also spent eight years serving in the US Army as a 91R, which is the Army equivalent of an LPN/LVN. Amy states, "I have worked in the medical field in some capacity for the last 30 plus years, and I love it! I can honestly say, however, that being a CST has been the most fun so far!" In her (not so) spare time, she enjoys "murder tv", podcasts, reading, and spending time with her grandbabies (one girl and five boys... so far).